



WELCOME TO MISSION VALLEY UNITED

www.MissionValleyUnited.com

Mission Valley United Parent Information

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AN ADIDAS PREMIER SOCCER PROGRAM

History and Philosophy

The Mission Valley United Soccer Club is based in Fremont, California. Mission Valley United is the Competitive Program (“MVU”) affiliated with [FC Fremont](#) (FYSL), a Non-Profit Organization formed in 1978 and devoted to promoting the game of soccer and serving over 2,700 boys and girls in the Fremont area. We are affiliated with California North State Youth Soccer (CYSA), US Club Soccer, and the US Youth Soccer Association (USYSA), which in turn is affiliated with FIFA.

Our belief is that solid, committed players who benefit from positive coaching, an atmosphere of respect and teamwork, and strong parent support will ultimately result in a winning program. It is our belief that with strong commitments from our players and parents our club will continue to develop and grow.

FYSL Club Development Plan aims to provide the overall strategic framework for the development of our players, parents, coaches & club. Successful clubs have a well defined organizational structure, detailed player and coach development programs, and excellent administration.

Club Fact Sheet

510-353-4038

www.MissionValleyUnited.com

Club Name	Mission Valley United
Club Email	info@fcfremont.com
Legal Status	Non-Profit 501(C) 3
Affiliation	California North State Youth Soccer (CYSA), US Club Soccer, and the US Youth Soccer Association (USYSA)
Youth Training	
Home Practice and Game Field	Central Park Soccer Complex
Practice Fields	ICP – Irvington Community Park, Horner Jr High
Club President	Steve Harrington
Executive Director	Andrew Donnery
Director of Coaching	Ricky Clarke
Number of Competitive Teams	42
Number of Training Sessions per week	U9 –U13 A Team - Three practices per week U9- U13 B Team – Two practices per week
Approximate Annual Fees: Coaching – Admin – Refs Tournaments Fields – Insurance – Winter training	See team budget on page 15
Additional Expenses could include:	Uniforms - \$150; warm-ups - \$100; bags - \$30
Approximate Number of Tournaments Per Season	2-3 younger teams 3-4 for the older teams One or two weekend overnights trips per season
Training and Game Philosophy	U9-U13 the club's focus is player development and team building. Winning games is an outcome. From U14 years and up the club trains to perform as a team and win games

FYSL Club Development Plan

The Club Development Plan aims to provide the overall strategic framework for the development of our players, parents, coaches & club. Successful clubs have a well defined organizational structure, detailed player and coach development programs, and excellent administration.

The Club Development Plan covers the following areas:

- Structured program for player development (Long Term Development Model)
- Evaluation of players within your club
- Coach Education & Parent Education
- Recruitment of players and coaches

The following are important elements of the Long Term Development Model:

Age Group & Soccer Age - Players are typically organized by chronological age, however it is essential to consider their soccer age (soccer competence). This is generally regarded as ranging from +/- 2 years of the chronological age.

Player & Coach Assessment - Often it is assumed that players and coaches have attained the skills and knowledge to progress to the next level or age group. Regular assessment with developmental objectives is extremely important in ensuring that players and coaches receive the correct level of instruction and support.

Developmental Focus – The long term development model identifies 5 areas for player development – technical, tactical, social, psychological and physical. Coaching plans should clearly incorporate all 5, with a change in emphasis at each stage.

Coaching Time - The level of coaching exposure players receive correlates significantly to their success in soccer. The long term development model provides recommendations for minimum and maximum coaching hours at each stage of development. Equally important to the players' development is the quality of coaching.

Training Format - Small sided game formats are extremely effective in developing ball skill and game awareness, as players have increased opportunity to have contact with the ball. In stages 4 and 5 the training format enables coaches to introduce small sided games and phases of play, without the pressures of 11v11.

Players Per Session - To determine the appropriate number of players participating in a training session, a coach must consider the players' stage of development (attentiveness, ability to follow instructions, etc.), organizational considerations, and the focus on individual and team play.

Specialist Training - As players progress through the developmental stages, the need to focus on specific aspects of the game increases. Position training such as goal-keeping becomes important at stage 3, and rotating players through positions is important in stages 1 through early parts of stage 3.

4 Stage Long Term Player Development Model

Development Focus	Stage 1	Stage 2	Stage 3	Stage 4
Age Group	U5 - U6	U7 - U9	U10 - U13	U14 - U18
Soccer Age (Development)	2 years + or -	2 years + or -	2 years + or -	2 years + or -
Coaching Time Annually	40 - 90 hours	100 - 200 hours	150 - 500 hours	150 - 720 hours
Developmental Focus	1. Social - 60% 2. Technical - 30% 3. Psychological - 5% 4. Physical - 5% 5. Tactical - 0%	1. Technical - 60% 2. Social - 15% 3. Physical - 15% 4. Tactical - 5% 5. Psychological - 5%	1. Technical - 45% 2. Tactical - 25% 3. Physical - 10% 4. Psychological - 10% 5. Social - 10%	1. Tactical - 35% 2. Psychological - 20% 3. Technical - 20% 4. Physical - 20% 5. Social - 5%
Specialist Training	General	All Position Training	Specific Position Training	Groups, Units, Whole Team
Players Per Session	12	12 to 15	14 to 18	18 - 22
Training Format	1 v 1 to 3 v 3	1 v 1 to 6 v 6	4 v 4 to 9 v 9	4 v 4 to 11 v 11
Player Assessment	2 per year	3 per year	4 per year	8 per year
Coach Assessment	2 per year	2 per year	2 per year	2 per year
Coach Certification (Minimum)	Youth Module	Youth Module	E/D License	C+ License



The Continuum of Development

Areas of Player Development Focus

Technical	Soccer Psychology	Soccer Physiology	Soccer Sociology	Tactical
Soccer Intelligence	Confidence	Strength	Roles & Responsibility	Principles of Defending/Attacking
Technique (Ball Manipulation)	Concentration	Speed & Reaction	Coach/Parent/Player Relationship Interaction	Defending as a Team, Unit & Individual
Skill Acquisition	Commitment	Movement Skills	Ethics	Attacking as a Team, Unit & Individual
Teamwork	Communication	Physical Maturity Stage	Morals	Systems of Play
Understanding	Mental Control	Power	Previous Opportunity	Patterns of Play
	Player Expectations	Agility	Self Concept	Movements On & Off the Ball
	Routine	Speed Endurance	Team Cohesion	Creating & Exploiting Space
	Anxiety	Fatigue	People Skills	Set Plays
	Resilience			
	Thinking Clearly Under Pressure			

Individual Player Development

We understand players develop at different speeds. The tryouts are a “snap shot” of a player’s development at any given time. We strongly encourage all players to work at their game away from the soccer fields. We have seen many players who have been selected to the “B” team transferred to the “A” team through hard work and dedication.

Team Development

Developing team spirit has to be worked at. Creating a positive environment in the sense of fighting negative influences, praising rather than blaming and encouraging individuals to take a pride in their performance. Conduct and achievements are all constituents of the aim of 'spirit' and togetherness. Players are surrounded by 'negative influences' which can undermine the quest for harmony and any criticism of players publicly is likely to provoke an adverse response. Team building is an essential part of the coach’s role. Team building includes a whole range of team activities that are often used to enhance team spirit – what sport psychologists often call “team cohesion”. Team cohesion comprises all the components that make the group’s members want to stick and work together in pursuit of a goal. Eventually, team cohesion is an important factor affecting team performance.

Goals

We intend to provide an environment in which players, parents, and coaches are proud to be associated with our organization. We believe in open communication and try to ensure that everyone has fun, works hard and enjoys each season. The object is to provide our players and parents with an extremely positive experience while building strong soccer players and playing competitive soccer.

For our players, the environment will be challenging, motivating, and fun. It will require a serious commitment on their part and parents must be prepared to support their child's commitment. Our goal is to prepare our players for the future, both on and off the field. We teach them the critical fundamentals of soccer. Ball handling skills, passing, and positioning on the field is stressed over and over again, as these techniques are critical for success in all levels of play. Equally, if not more importantly, we reinforce non-soccer specific skills such as communication, teamwork, time management, responsibility, discipline and respect for all players. The goal is to grow each of our players both as individuals and as soccer players.

We are an organization that plays competitive tournaments as well as league play and we understand that many of our players have siblings also playing sports. Carpooling is always encouraged and families are encouraged to support each other.

Our belief is that solid, committed players who benefit from positive coaching, an atmosphere of respect and teamwork, and strong parent support will ultimately result in a winning program. It is our team's belief that with strong commitments from our players and parents our club will continue to develop and grow.

Yours in soccer,



Ricky Clarke
Director of Coaching
Mission Valley United

Team Information

Managers

Once teams are selected, then a manager will be recruited from the parents of the players on each team. The team manager is an essential part of the MVU infrastructure. All of the team administration is handled by the team manager including: players' registration, additional fee collection, uniform coordination and ordering, tournament applications/registration. The team manager must also delegate specific duties to other parents on the team.

Treasurers

Every team must have a treasurer. The treasurer's responsibility includes collecting monies for tournament fees, coach's additional expenses, referee fees and any additional fees the team may have. It is the treasurer's responsibility to provide the team and MVU with a detailed monthly budget on the last day of each month.

Team Selection

Selections of players are made by the coaching staff at tryouts and through the season. Candidates will be evaluated and selected according to their performance at try-outs and performance in the season.

The team roster will comprise no more than:

U9-U11 – Roster Size 12 Minimum / 14 Maximum

U12-U18 – Roster Size 15 Minimum / 18 Maximum

Since the MVU goal is to field the most competitive team(s) at each age level, there is no guarantee that a returning player will automatically make the team. By the same token, should a selected player show disdain or laziness during the course of the season, that player may be moved from the team (with no financial refund) and replaced by another player.

Before, During, After Games and Practice

During the soccer season the team and its players participate in practices, league competition, tournaments, state and national cup. The coaches will make decisions on player selections, game lineup, player positions, amount of playing time, tournament participation, etc. Players must be positive in fulfilling the role they are asked to perform for the team at any moment, even if that role has them not playing at all, not being in the starting lineup, not playing a desired amount, or playing a different position.

From the designated arrival time at all practices and games, players are expected to concentrate on soccer. Players must arrive on time with required equipment (shoes, proper MVU practice or game uniform, soccer ball, shin guards, etc.) and be ready to practice or play. Practicing and playing requires undivided attention, therefore, there will be no visiting between players and parents (we ask parents to stay in the parking lot during practice), family and friends, pets or others (who might cause players to lose focus on soccer), from immediately before the practice or game until they have been dismissed by the Coach.

This includes half-time and the conclusion of games, when players are expected to get water, then immediately join the team and Coach for game discussion or team adjustments. There will be times between games when the Coach will require the team to stay together while waiting for their next game. When team responsibilities are over, players are free to join family and friends.

Nutrition and rest are also a part of the players' personal responsibility as a member of MVU. We expect players to eat nutritious, healthy food in a timely fashion so as not to interfere with performance. If players have questions about which foods are best for performing athletes, please ask the Team Coach.

Parents

Parental support and involvement in the Club are essential. If your son/daughter is selected and chooses to commit to MVU, your commitment is also necessary. If players are to make a quality commitment to the Club and their team, parents must see to it that players attend all possible Club and team functions (practices, meetings, games, etc.). There will be time conflicts that cannot be avoided, and other more important events occur. The Club requires your communication, planning, and understanding so we can minimize conflicts. It is the Club's responsibility to present a periodic schedule to allow time for your planning. When parents or players have an unavoidable conflict, the Club expects timely communication to see if the Club or team can make any necessary adjustments. The Director of Coaching or Team Coach will make final decisions on scheduling and adjustments after careful consideration of your needs and those of the Club or team.

There will be no coaching by parents. No matter how good your intentions are, we insist there be no shouting instructions to your son/daughter or yelling (complaining) to officials during games. Your vocal support and positive encouragement are welcome after a good play. "Go" or "Shoot" are interpreted as instructions (persistent coaching from the sidelines may result in decreased playing time for your son/daughter), and, as such are not desirable. It is important that players are not distracted at practices or during games, and that players are given only one set of instructions by one voice before, during, and after practices and games. For this reason, the Club insists the Director of Coaching or Team Coach be the only voice at all games and practices. No one other than those listed on the official game roster may sit on or near the team bench before and during

games (please respect the space and privacy necessary for the Coach and team to carry out their game responsibilities).

The Club's first concern is for the long term growth and development of your son/daughter as a person along with their soccer abilities under pressure. There will be times that Coaches make decisions and players are instructed to do things parents will not understand. Club, team, and player development will sometimes be given a greater priority than winning. As a competitive Club we do place emphasis on competing for state and national cup. Parents must understand this and conduct themselves in a manner consistent with a healthy team environment.

Parents, always at the appropriate moment and time feel free to communicate and ask questions about your son/daughter. Please take the initiative to teach your son/daughter to speak up and communicate for themselves whenever possible. Your Coaches will always express their observations and views of an individual player if needed.

MVU believes in and teaches players the benefit of having the proper game mentality to guide their intense focus on the game of soccer. We will instruct your son/daughter to ignore adverse conditions such as bad referees, name calling, foul language, rough play, cheating, poor weather, negative behavior by parents or opponents, etc. We expect our parents to have this same game mentality.

Fund Raising

As a member of MVU we require all members to participate in fund raising functions that are determined by the MVU Board of Directors, such as any FYSL Tournaments. Fund raising assists with expenses such as facilities, professional coaching, operating overheads, and scholarship opportunities. Please contact the MVU office for more information.

The Coach

The coaches for MVU are instructed to conduct themselves first as teachers and second as soccer coaches. Nothing positive will come of the Club's efforts if we produce world-class players who do not know how to conduct themselves as successful human beings. In this regard, you can expect MVU coaches to conduct themselves as positive role models and display appropriate behavior. Our coaches recognize they are dealing in an important way with young people and cannot overlook the impact they have on player's lives.

Coaches are responsible for conduct of the team on and off the field when the team is together and part of a club event. We insist our players be polite, well behaved, and respectful. Players and parents can expect honesty, communication, consistency, and reliability from the Coach.

MVU coaches have been responsible for helping develop numerous state, regional, and national caliber players, many of whom receive college scholarships and play on top college and national teams. The commitment the Club and Director of Coaching makes under no circumstances guarantees players will be offered a college scholarship, or be considered for a state or national team. The Club and the coaches do guarantee to give players the tools and skills to enable them to become as good as their ability; desire, commitment, and effort take them.

The Director of Coaching and Team Coaches are responsible to create an environment where you can play quality competitive soccer. The soccer we play will be taken very seriously. We recognize there are things more important in life than soccer. In terms of priority, family and school work come first. However, if the coaches see you are not willing to put your soccer above other recreational activities during the season, it may affect your playtime and/or your status with the Club. As a member of MVU, we expect you to commit to the sport of soccer and your team as your first recreational activity and priority during the Club season.

Do not expect the coaches to praise everything you do well. After a time there are things the Coach will come to expect from every player. There are times when the coaches will say very little, and times they may yell out instructions. There are times they will be critical of players, and other times they will be generous with praise. Players and parents are expected to take constructive criticism along with praise for a job well done, and be able to deal with both.

The Coach will attend as many games as the schedule permits, but conflicts will occur from time to time. In situations where conflicts do occur, and they will, the team Coach with assistance from the Director of Coaching will designate a Coach to cover that particular practice or game.

The coach is responsible for player selection, player positioning (line-up), player participation (playing time), team direction, team strategy, and team curriculum and schedule. Competitive playing time at MVU is not mandatory. Playing time will be determined by a player's work ethic (during practices and games), attendance at practice and games, timeliness, general progress, attitude and ability. The coach will make this determination. Understand there may be times where you may not understand or agree with their decisions but you have entrusted your coach as a soccer expert with these matters.

It is important for players and parents to understand that soccer is a player's game. Once players reach a certain level of skill, maturity, and experience, they become more important to the team's success than the Coach.

Disciplinary Actions

Our attempt with this handbook is to present in clear detail exactly what will be expected of you and what you can expect of the Club, the team, and the coaches. If you are uncertain what is expected, it is your responsibility to ask one of your coaches. Knowing and understanding these things, your participation in the Club will be positive for you as you develop your soccer abilities to the highest level possible. We have expectations of the Club, the team, the coaches, and you.

These expectations are really the rules, regulations, and policies for MVU. So that you and every player in our Club can get the maximum benefit, we need parents and every player to abide by Club rules, regulations, and policies. If disciplinary actions are necessary, the following steps may be taken:

1. The Team Coach and/or Director of Coaching will discuss the problem directly and privately with the player, with the assumption the problem will be corrected immediately.
2. If the problem persists, the Team Coach and/or Director of Coaching will communicate with the player's parents to discuss the problem and lack of response on the part of the player. (If it is a player issue) Parents will have the opportunity to be involved with correction of the problem at this time.
3. If the problem still continues, the Director of Coaching and/or Team Coach may temporarily suspend the player or parent. If the situation warrants, the Director of Coaching may recommend to the Board of Directors that the player or parent be removed from the Club. The Board of Directors or the Director of Coaching will notify the parents of the recommendation.
4. The parents of any player or parent recommended for removal from the Club may request to meet with the Board of Directors and the Director of Coaching.

Our desire is to work in a positive, constructive way with our players. Everyone has problems from time to time and we will make every effort to work with you to help solve the problems you may have. After we have exhausted all efforts to solve the problem, we will be left with little choice other than to pursue disciplinary action as outlined above.

Competitive Practice - *The Director of Coaching will work with each Head Coach on the practice location and time. The decision made by the Director of Coaching will be final.

Number of practices – Black teams train 3 times per week and White/Red teams train 2 times per week

Time and Day – Please check website for latest information

Location – Please check website for latest information

Practices - The coaches and DOC will move players between teams and sessions during training to aid their development and the development of the team. MVU coaches will work with the teams to make up any rain cancellations.

Team Tournaments

MVU teams play in state and out of state tournaments. We will also take into consideration the reputation of the tournament regarding talent of the teams as well if the tournament is on the college coaches recruiting schedule.

Tournament Schedule

Please check with the DOC for latest tournament schedule.

*The Director of Coaching will work with each Head Coach to determine the tournaments and programming that will be appropriate for each team and player. All tournament entries and other soccer related activities need to be pre-approved by the Director of Coaching. The decision made by the Director of Coaching will be final..

Tournament Guest Players

The DOC and coach will assess the need for guest players.

Tournament Hotel Accommodation

In order for our teams to bond and create a positive soccer environment we encourage our players to stay with their team...

*The coach along with the DOC will set all curfews and tournament attendance conditions.

Travel

All travel arrangements for games and tournaments need to be approved by the coach.

Estimated Expenses

Additional Coach Expenses from Team:

- \$0.40 per mile
- Coaches will be reimbursed \$6 for Breakfast, \$10 for lunch and \$15 for dinner.
- Teams will pay for the Hotel during tournament play and weekend trips

Registration Fee

The registration fee for the MVU competitive program is \$165 for the full season (spring and fall).

Vacancies and Transfers

The DOC reserves the right to move players within the season. For example during the season, if the DOC observes a player on the B team who is outperforming a player on the A team. The A team player will be transferred onto the B team and the B team player transferred onto the A team.

Communication

Communication from the club to the teams is primarily done through email. Please make sure your email address is current. The club does use callingpost to call the individual team managers with specific information (practice cancellation etc).

Punctuality

The coaching staff would like all players to be at practice and games on time. The coach will designate the time to be at the games (usually 30-45 mins before the game). We expect the players to be picked up promptly once practice or games are over. We do realize from time to time the unexpected may happen and parents run late.

Uniforms

All uniforms need to be purchased through Dayak's Den (information on how to purchase will be available on the website). MVU Uniforms will cost \$150 for two jerseys, two shorts and two socks. Additional items are available on request. Our home uniform is Black and away uniform is white.

Open Training Policy

As part of their membership, members of MVU Competitive teams have the opportunity to supplement their training sessions with their assigned teams by training with other teams within the Club. Reasons that a player may want to attend another team's session include:

- They missed their own team's session
- They want to improve at a faster rate
- They want to train at a higher level
- They want to be a mentor to a younger player

MVU's Open Training policy has the following guidelines:

1) The player must contact the Coach, and DOC (if you are not sure who to contact, send an email to the [Director of Coaching](#)) for *each* session that they want to attend, to verify that:

- The session is appropriate for the player's age and ability
- The session time and/or date has not changed
- The session is not completely team-specific (i.e. team tactics, set plays, etc.)
- The Coach has room in the session and does not have any other concerns with the player attending the session. Note: *The DOC has the final word on whether or not a player may attend a session.*

2) When attending a session as a guest, the player is expected to:

- Be disciplined and not distract from the goals of the training session
- Be able to effectively participate and contribute to the session - if a session keeps breaking down because of a guest player, then the player may be asked to try another team/level's session
- Not neglect their own assigned team's training sessions

U9 - U13 BOYS COMPETITIVE TRAINING FEES

Age Group	Team	# of Months	Monthly Fee	Beginning Month	Training Fees Due Date
U9	Black	9.5	\$125	April	March 31st
	White	9.5	\$90	April	March 31st
	Red	9.5	\$90	April	March 31st
U10	Black	9.5	\$125	April	March 31st
	White	9.5	\$90	April	March 31st
	Red	9.5	\$90	April	March 31st
U11	Black	9.5	\$125	April	March 31st
	White	9.5	\$90	April	March 31st
	Red	9.5	\$90	April	March 31st
U12	Black	9.5	\$125	April	March 31st
	White	9.5	\$90	April	March 31st
	Red	9.5	\$90	April	March 31st
U13	Black	9.5	\$125	April	March 31st
	White	9.5	\$90	April	March 31st
	Red	9.5	\$90	April	March 31st

U9 - U13 GIRLS COMPETITIVE TRAINING FEES

Age Group	Team	# of Months	Monthly Fee	Beginning Month	Training Fees Due Date
U9	Black	9.5	\$125	April	March 31st
	White	9.5	\$90	April	March 31st
	Red	9.5	\$90	April	March 31st
U10	Black	9.5	\$125	April	March 31st
	White	9.5	\$90	April	March 31st
	Red	9.5	\$90	April	March 31st
U11	Black	9.5	\$125	April	March 31st
	White	9.5	\$90	April	March 31st
	Red	9.5	\$90	April	March 31st
U12	Black	9.5	\$125	April	March 31st
	White	9.5	\$90	April	March 31st
	Red	9.5	\$90	April	March 31st
U13	Black	9.5	\$125	April	March 31st
	White	9.5	\$90	April	March 31st
	Red	9.5	\$90	April	March 31st

*Fees do not include membership fees, uniforms, tournament expenses; coaches travel fees, or referee fees or additional costs that may arise.

Scholarship

Scholarships are available to families that meet the criteria. Please feel free to contact the FYSL Office for more information or go to the www.missionvalleyunited.com and look under the financial aid section.



Mission Valley United CODE OF ETHICS



Congratulations on being selected to join the Mission Valley United for the 2009-2010 Seasonal Year! Your skills and hard work have earned you a spot in one of the top soccer clubs in the United States. Our coaches and Board of Directors hope that this will be an enjoyable year for you and your family. As part of the process, we want to ensure that you are fully aware and understand the commitments MVU is making to you at this time, and our expectations and obligations from you as a result of you accepting the position offered to you. Every player and parent will be asked to acknowledge your understanding of the mutual expectations between you and MVU. Accepting the position offered obligates each player to pay the full non refundable registration fee regardless of whether the player later decides to leave the MVU prior to the end of the seasonal year. All players, parents/guardians/spectators will be bound by the following Code of Ethics while participating in MVU sanctioned events.

Competitive Dues Payment Policy

Upon acceptance of a spot on a Mission Valley United Competitive team, each Competitive player (and family) shall be expected to make a commitment to the Competitive team for the entire year (fall and spring seasons). This commitment includes:

- Filling the roster spot on the team for the entire year
- Remitting dues for the entire year

Generally, no refunds of dues payments will be made once a Competitive team spot has been accepted. Additionally, the commitment to pay all annual dues for the year is binding notwithstanding circumstances which may arise that limit a player's activity with the team. Any request for a special waiver of this policy based on extraordinary circumstances must be made in writing to the Executive Director. The decision of the Executive Director will be final. Failure to remit dues payments on a timely basis may result in suspension from all soccer activities until dues have been paid. Any MVU Competitive player/family with a prior outstanding dues balance will not be permitted to participate in competitive play or tryouts for the following year or play within Mission Valley United Soccer until such balance has been paid.

MISSION VALLEY UNITED

Our purpose is to promote good sportsmanship, teamwork, achievement or excellence, self-confidence and fun for players and their families through the game of soccer. The conduct of coaches, family members and spectators is critical to this process. Considering the thousands of people involved with MVU games, the instances of poor conduct each year are remarkably few. These few instances, however, will not be tolerated. Civility, decency and respect are concepts that we all should understand. Each person attending a MVU game should be aware of the following standards:

PLAYER/CLUB EXPECTATIONS AGREEMENT

MVU WILL PROVIDE THE FOLLOWING:

1. MVU will provide a comprehensive soccer program, which is designed to maximize each player's fullest potential. Each player will be assigned to a team that will have a Head Coach, who is overseen by MVU full time staff, including the Boys/Girls Program Directors and MVU Director of Coaching. All of the MVU Staff, Head Coach, Program Directors and the Director of Coaching will be contracted directly by MVU. From time to time, optional fee based camps and programming will be offered to MVU members, which is not part of the base fee.
2. In an effort to develop every player, teams will train and play games. Each team will be entered into a league that meets their ability. MVU will pay for one league entry for the approved league.

PLAYERS

1. I will encourage good sportsmanship from fellow players, coaches, officials and parents at all times.
2. I will remember that soccer is an opportunity to learn and have fun.
3. I deserve to play in an environment that is free of drugs, tobacco, and alcohol; and expect everyone to refrain from their use at all soccer games.
4. I will do the best I can each day, remembering that all players have talents and weaknesses the same as I do.
5. I will treat my coaches, other players and coaches, game officials, other administrators, and fans with respect at all times; regardless of race, sex, creed, or abilities, and I will expect to be treated accordingly.
6. I will concentrate on playing soccer. Always giving my best effort.
7. I will play by the rules at all times.
8. I will at all times control my temper, resisting the temptation to retaliate.
9. I will always exercise self- control.
10. I will be in accordance with MVU rules.
11. While traveling, I will conduct myself properly as a representative of MVU.
12. Alcohol, illegal drugs and unauthorized prescription drugs shall not be possessed, consumed or distributed before, during or after any game or at any other time at the field and/or game complex or while traveling as a representative of CFYSA.

PARENTS/SPECTATORS/GUARDIAN

1. MVU is a premier competitive soccer club; there is NO guarantee of minimum playing time. The Director of Coaching will handle all unresolved disputes between coaches and players. In the interest of player development, players will occasionally cross-train or guest play within age groups, and/or guest play outside the Club (e.g. college showcase opportunities). Such guest playing opportunities will only be with the express pre-approval of the Director of Coaching.
2. From time – to- time there will be team expenses above and beyond the club registration fee noted above, referred to as Team expenses. Team expenses may include tournament fees, extra soccer gear, coaches travel reimbursement, referees fees for tournaments and other non-league games, and travel costs associated with attending these events. The team may seek and receive donations or, with Club pre-approval, fundraise to defray these expenses. To the extent such donations and/or fundraising amounts are deposited and credited to a team's account; they may be used to pay for such expenses. These funds will remain with MVU in the event the player decides to leave the Club, with any unused amount moving with the team account as it progresses year-to-year in age group.
3. The Director of Coaching will work with each Head Coach to determine the tournaments and programming that will be appropriate for each team and player. All tournament entries and other soccer related activities will be pre-approved by the Director of Coaching. The decision made by the Director of Coaching will be final.
4. The Director of Coaching will work with each Head Coach on the practice location and time. The decision made by the Director of Coaching will be final.
5. I understand and will support changes to practice due to the weather, field availability, daylight savings time and the coaches' availability.
6. I will encourage good sportsmanship by demonstrating positive support for all players, coaches, game officials, and administrators at all times.
7. I will place the emotional and physical well being of all players ahead of any personal desire to win.
8. I will support the coaches, officials, and administrators working with my child, in order to encourage a positive and enjoyable experience for all.
9. I will remember that the game is for the players, not for the adults.
10. I will ask my child to treat other players, coaches, game officials, administrators, and fans with respect.
11. I will always be positive.
12. I will always allow the coach to be the only coach. I will not coach from the sidelines or through other forms of communication.
13. I will not get into arguments with the opposing team's parents, players, or coaches.
14. I will not come onto the field for any reason during the game.

15. Neither coaches, parents, nor other team supporters may make critical, abusive or offensive comments to the players, coaches or supporters of an opposing team before, during, or after a game.
16. Games are officiated by referees and their assistants, not coaches, parents, or spectators. There is a process and a time for coaches to disagree with calls. Voice your opinion to your coach, not the officials.
17. Parents and other team supporters may not approach game officials at any time for the purpose of disputing calls, or making critical, abusive or offensive comments.
18. As a parent/guardian I agree to pay the fees outlined by Mission Valley United. Failure to remit dues payments on a timely basis may result in suspension from all Competitive soccer activities until dues have been paid
19. Neither coaches, parents nor other team supporters may be present behind goals or on the first 18 yards of each sideline beginning at each corner. These "clear zones" protect keepers and players taking corner kicks.
20. The referee may require any person present at a MVU game to leave the game site.
21. MVU will prosecute or support the prosecution of anyone who violates any law or ordinance (e.g. assault or possession of alcohol).
22. Any coach, assistant coach, manager, parent, spectator, or player who is dismissed from a game by a referee or a MVU Official must leave the complex immediately.
23. The individual **may not** return to the complex or field **after** the game. The individual may not return to the complex until **one hour** after the scheduled completion of the next contest of that team. Any individual who violates these rules will be suspended for an additional game. b. Any coach, assistant coach, manager, parent, spectator, or player who is dismissed from a game by a referee or a MVU Official for **fighting** must leave the complex immediately. The individual may not return to the complex or field after the game. The individual is immediately suspended from attending the next two games of that team. Furthermore, the individual may not attend any other game involving MVU teams until those two game suspensions has ended. Any individual who violates these rules will be suspended for an additional game. These are minimum sanctions. Violations of these standards will result in the ejection of the violator from MVU facilities temporarily or permanently. Violations by a coach, parent, or other family member may also result in the suspension of the coach, the parent, the parent's child or the team from membership in MVU or the violator's local association. Soccer is a game.

Youth soccer is for the enjoyment of young people and their families. The overwhelming majority of our community understands what these simple facts mean. The positive examples you provide for your children are valued.

The Board of Directors at Mission Valley United requires that the parent(s) or guardian(s) of each player registered read the above Code of Conduct and agree to uphold the guidelines set forth above. A player's registration form is not complete until this form is attached to the Registration Form.

Each player and parent has received and read the MVU Code of Ethics, and agrees to abide by those requirements. By signing below, each player and parent accepts a position with the MVU and agrees to act in a respectful manner at all practices, games, travel, etc, and serve as role models to others to maintain the integrity of ourselves, our team, and all of MVU and affiliated organization and its players and parents will conduct themselves in accordance with and be governed by MVU and CYSA/Nor Cal Premier policies and rules at all times.

I, _____, the parent/guardian of _____, have read and agree that all members of my household will abide by the Code of Ethics of Mission Valley United.

Acknowledged and agreed to this ____ day of _____, .

Signature (Parent 1): _____ Date: _____

Signature (Parent 2): _____ Date: _____

Signature (Player): _____ Date: _____

Failure to comply may result in the suspension of your privilege to participate in MVU sanctioned events, for the following periods:
 1st offense suspension minimum fourteen (14) days to a maximum of one (1) years
 2nd offense suspension for a minimum of one (1) year to a maximum of Ten (10) years
 3rd offense suspension for a minimum of five (5) years to a maximum of fifty (50) years.
 NOTE: Any individual charged with a violation of this Code of Ethics shall be afforded due process before the implementation of any suspension.

