



Have your say

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Please contact adonnery@fysl.org

SPECIAL ANNOUNCEMENT

FYSL Office

Will be closed

November 23rd – 27th

&

Dec 17th – Jan 18th

Message from the Director

Firstly let me say well done to all the players as they have been great throughout, playing some fantastic soccer this season!

I know that all the coaches have had a great time coaching your kids, and that coupled with the constant smiles I have seen on the kids' faces and the development of the kids is proof it has been a fun, positive environment for the kids to thrive in!

I would also like to extend the thank you that Andrew Donnery has made to all the coaches, players and parents so making this season an amazing triumph!

I do have a couple of announcements to make;

Drew has decided to move on to see the World and is looking to join the Peace Corps so I would like to thank Drew on behalf of the players, parents and coaches for running the program! We wish him all the best!

I will be overseeing the U4-U8 Academy from this point on. I am so pleased to be part of this Academy, as I am a big supporter of the program and its value to your children! So please feel free to get in touch with any questions!

I am also delighted to inform you all that Callum Lester (clester@fysl.org) will be leading the U4-6 Program as of now so please feel free to direct any communication regarding the Academy towards Callum from now on.

Hope to see you all next season!

Rich Caldwell
rcaldwell@fysl.org
Director of U4-U8 Academy

Oct/Nov 2009

FYSL Onside News



this issue

Thank You .1

U4 – U6 Characteristics .2

U4 – U6 Characteristics .3

Rich Caldwell .4

Office Hours

Day Hours

Tues/Wed/Thurs

10 AM - 3:00 PM

Monday & Friday

Meetings by
appointment only

FYSL

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We're on the Web!

www.fysl.org

Thank You

Our club has a lot to be thankful for as the season draws to a close. I would like to thank all of our sponsors for their support, and our staff at the FYSL office for their hard work and dedication.

Our coaches and volunteers in the Recreation program have worked very hard this year, training our young players during practices and on game days.

Our comp coaches and team managers have made it possible for our players to perform at the highest level.

Of course, I would also like to thank our FYSL parents and players who make it possible for us to watch and participate in youth soccer played at the highest levels.

We are looking forward to a great spring season for all of our members, especially the players.

I wish you all the best.

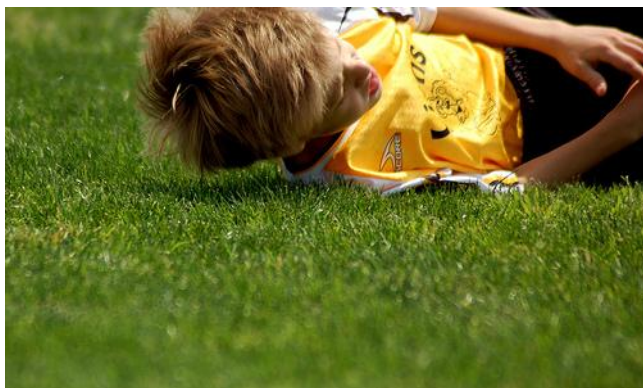
Andrew Donnery
Executive Director of FYSL

PSYCHOSOCIAL OBJECTIVES

Because of the child's short attention span (Behavioral arousal is stronger than inhibition), a constantly changing array of activities is required. The child forms concepts and explores the world via sense perception and movement. Therefore this phase is described as the cognitive stage or the sensory-motor stage.

TRAINING OBJECTIVES

Training at this age level should focus on a range of actions and physical experiences such as throwing, running, crawling and catching. This promotes motor, cognitive and social/affective development. Purely soccer-oriented training is not advisable. Provide a variety of games and promote the child's natural urge to move.

MOTOR SKILLS

The urge to move and play is quite pronounced, as is curiosity about the unknown. The capacity to learn new motor skills depends on imitation and draws on everyday movements such as grasping, crawling, running, throwing, catching, etc.

PHYSICAL CHARACTERISTICS

The head is strikingly large. The torso is cylindrical: big belly, flat back. The legs are underdeveloped in comparison to the rest of the body. The muscles are relatively undeveloped and covered with fat. Initial physical changes take place around age six.