



Have your say

Would you like to see a topic posted or have an article placed in the inside news?

Please contact adonnelly@fysl.org

SPECIAL ANNOUNCEMENTS

FYSL Office
Will be closed

Dec 14th – Jan 11th

January 1st 2010 the new FC Fremont website will be launched.

Please remember our new website address
www.fysl.org

Too often in America, a professional sport model is used in measuring youth sports success. Youth soccer is not immune to this misapplied standard. For soccer the situation is made worse by a desire of many adults to use measuring tools from other sports. In fact, it is maddening to many adults that soccer is not as black and white as with some sports in judging successful play. Many team sports played in our nation are statistically driven and coach centered.

TRUTHS about children and sports

- Fun is pivotal - if it's not *fun*, young people won't play a sport
- Skill development is a crucial aspect of fun - it is more important than winning even among the best athletes
- The most rewarding challenges of sports are those that lead to self-knowledge
- Intrinsic rewards (self-knowledge that grows out of self-competition) are more important in creating lifetime athletes than extrinsic rewards are (victory or attention from others)

"Winning isn't everything, but trying to is!"
– Rainer Martens, sports psychologist

Motives for Participation in Youth Sport

Boys

1. To have fun
2. To do something I'm good at
3. To improve my skills
4. For the excitement of competition
5. To stay in shape
6. For the challenge of competition
7. To get exercise
8. To learn new skills
9. To play as part of a team
10. To go to a higher level of competition

Girls

1. To have fun
2. To stay in shape
3. To get exercise
4. To improve my skills
5. To do something I am good at
6. To learn new skills
7. For the excitement of competition
8. To play as part of a team
9. To make new friends
10. For the challenge of competition

"There are many people, particularly in sports who think that success and excellence is the same thing and they are not the same thing. Excellence is something that is lasting and dependable and largely within a person's control... If you strive for excellence, you will probably be successful eventually... people who put excellence in first place have the patience to end up with success... An additional burden for the victim of the success mentality is that he is threatened by the success of others and resents real excellence. In contrast, the person fascinated by quality is excited when he sees it in others."

- Joe Paterno – Penn State football coach – 1990

Nov/Dec 2009

FYSL Onside News

This issue

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Office Hours

Day Hours

Tues/Wed/Thurs

10 AM - 3:00 PM

Monday & Friday

Meetings by

appointment only

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We're on the Web!

www.fysl.org

FYSL Soccer Families, I hope this finds you looking forward to family time, relaxation, and perhaps some adventure during the winter holiday break.

The soccer year is racing past and while I've enjoyed meeting many of our new families this year, I know there are many parents from whom I've yet to hear. I'm writing today to check in and invite you to share your impressions of FYSL so far – in what ways is the club what you'd expected and hoped for? What has pleasantly surprised you and, even more important, what are ways that you feel we're falling short in meeting the children's needs?

FYSL is a great club, and great clubs are always becoming. The club is eager to have your feedback as we consider ways to improve the FYSL experience. Please share your candid observations with me as your schedule permits. Feel free to drop by my office when you're in the area.

In the meantime, I wish you and your family a joyful holiday season and a safe, prosperous New Year ahead.

Sincerely,

Andrew Donnelly
Executive Director FYSL

2010 Spring Registration NOW Open

Player registration for spring 2010 Recreation U4-U16 is now open. Fremont Youth Soccer Leagues is happy to provide a comprehensive online registration system to simplify and expedite the registration process for all club related programs offered throughout the year.

The easy-to-use online tool will help automate and streamline the collection of Fremont Youth Soccer Leagues registration forms and associated club fees.

00 MVU Girls Black Reach State Cup Semi-Finals

The MVU 00 Girls put in a fantastic display of soccer over the weekend in Sacramento winning all 3 games in their bracket. Then, pulling off a spectacular 4-1 win in the Quarter Finals against Pleasanton. MVU then travelled to Manteca and lost in State Cup Semi-Final game against MFC.

The girls played with confidence, and put in some excellent team performances. The success was down to a free scoring attack and a solid defense which conceded only 1 goal in 4 games, and scored 15 goals over the weekend.

99 MVU Girls Black dominate in State Cup Quarter Finals

It was another great weekend for the MVU 99 Girls Black team the team excelled in their group by winning all their games scoring a mass of goal s, and only conceding one goal. The players from the team played valiantly throughout but lost in their quarter final game 1-0, despite dominating the game. Overall a weekend of success for the girls who will come away from this year's State Cup a stronger team.

00 MVU Boys Black

The boys dominated in the group stages against some dangerous opposition and eventually progressed through to the quarter finals. The boys battled throughout but sadly, were unable to advance in this year's tournament. Another team at the club that has improved dramatically and will take valuable experience away from this year's State Cup.

99 MVU Boys Black "Walk away with valuable lessons learnt"

MVU's 99 Boys team played their State Cup this weekend in Manteca,

Director of Coaching and the 99 Boys head coach, Ricky Clarke explained, "The boys walked away with a valuable lesson learnt". Having faced some stern competition in their bracket, the boys advanced to the quarter finals playing against one of the best teams in the competition.

MVU played out of this world and took the game to sudden death PK's and finished on the wrong end of an 8-7 penalty kick score line.

2009 Directors Cup

Congratulations to all the teams that were involved in another successful directors cup tournament. The eventual winners worked hard all weekend and produced some great soccer. See below the winners!

U-10 Boys: Rapids (Coach Sam Gonzales)
 U-10 Girls: Fury (Coach Tom Teixeira)
 U-12 Boys: Apaches (Coach Jay Swardenski)
 U-12 Girls: EarthQuakes (Coach Rob McCutcheon)
 U-14 Boys: Kaos (Coach Sean Hernandez)
 U-14 Girls: Stompers (Coach Tom Teixeira)

Dublin Crossroads Tournament

Congratulations to all the Fremont team that competed in the Dublin Crossroads tournament, with teams winning the tournament and making the finals. Overall this was a very successful tournament for FC Fremont. Results

U-12 Boys: Fremont Apaches WINNERS
 U-12 Girls: Fremont Gladiators FINALISTS (2nd Place)
 U-14 Boys: Fremont Kaos WINNERS
 U-14 Girls: Fremont Stompers WINNERS

Note from Dublin Soccer Club: On behalf of Dublin United and our Tournament Director Jeremy Gilstrap and House Program Director Carrie Osmer, we'd like to thank you and teams for participating in our 2009 Crossroads Invitational tournament.

FC Fremont House League final standings

Congratulations to all team in the fall 2009 season:

U12 Girls:

1st Place: 222 Gladiators, Coach Sean Hernandez
 2nd Place: 228 Eliminators, Coach Fernando Villegas

U12 Boys:

1st Place: 252 Apaches, Coach Jay Swardenski
 2nd Place: 251 Artillery, Coach Tim Walker

U14 Girls:

1st Place: 420 Stompers, Coach Tom Teixeira
 2nd Place: 421 Lightning Bolts, Coach Mike deLanda

U14 Boys:

1st Place: 450 Kaos, Coach Sean Hernandez
 2nd Place: 452 Ice, Coach Jared Sare