

August 2009

# FYSL Onside News

## Office Hours

### **Day Hours**

Tues/Wed/Thurs  
10 AM - 3:00 PM  
Monday & Friday  
Meetings by  
appointment only

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We're on the Web!  
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## **Welcome to the Fall 2009 Season**

We are truly excited to be writing this newsletter. We realize that you, for the most part, are still in the throws of summer; however, we have been talking of little more than your return and the upcoming season. We are pleased to welcome you back and to begin preparations for another terrific soccer season.

We would like to extend a very warm welcome to our new colleagues. Bri O'Dowd (Girls Comp Director) and Drew Williams (U4 – U8 Director) will each bring their unique talents and will add to our community in very special ways. We are sure you will enjoy getting to know them as much as we are.

As well as our new colleagues, we would like to welcome our returning and new families.

Welcome back to the new soccer season.

Fremont Youth Soccer Leagues

## **Cody Arnoux & Everton FC**

Cody Arnoux is a young player that I had the pleasure of coaching at Cape Fear Soccer, the North Carolina club where I worked before joining Fremont. He played at Cape Fear for 10 years before going on to play at Wake Forest University. He has recently signed with England premier league club Everton. This is exciting news for him and his family, and for the many coaches who aided in his development along the way.

## **Long Term Player Development**

Fremont Youth Soccer Leagues has undergone considerable reorganization and expansion in the last 12 months, outlining the club's commitment to investing in and supporting soccer in our area. The most significant development is the adoption of a long term development plan. The plan enables the club administrators and the coaching staff to work together to effectively institute policies and deliver high quality programs.

An important feature of the long term development plan is our new coaching curriculum. This dynamic, age specific curriculum is available to all Fremont coaches and will be a vital tool to aid in the development of our young players. Our aim is that coaches be sensitive to long term developmental (and individual) differences which affect skill learning, and implement appropriate practice activities.

A long term development model is exactly that - it is long, and it takes time to see success. As a parent, player, volunteer, or coach, I ask you to be patient and understand that these methods have a proven track record when it comes to developing players, either at the highest competitive levels producing future Cody Arnouxes, or in retaining players in recreation soccer.

Andrew Donnery – Executive Director FYSL



**Have your say**

Would you like to see a topic posted or have an article placed in the onside news?

Please contact [adonnery@fysl.org](mailto:adonnery@fysl.org)

## **SPECIAL ANNOUNCEMENT**

**NSCAA Courses**

**Parent Diploma  
August 14th  
(2 Hour Course)**

**State Diploma  
August 15th  
(5 Hour Course)**

Please email  
Ricky Clarke at  
[rclarke@fysl.org](mailto:rclarke@fysl.org)  
For more info

## EYE ON IT Soccer News

For the fall season (2009) we will now offer the following programs for the house and academy:

U4 – U6 Academy

U7 & U8 Academy

U10 House league

U12 House League

U14 House League

U16 House League

U19 House League

For further information about registration, please go to [www.fysl.org](http://www.fysl.org)

All the above leagues will be offered numbers permitting.

## GIVE US BACK OUR GAME™

We are concerned that our beautiful game is in decline. Soccer for children is now very different from earlier generations when the only adult involvement was a call from your mum that your tea was ready. Soccer is no longer beautiful for our kids anymore: it is ugly. In a world where children can no longer play outside without supervision, parents and coaches have taken over. The competitive drive adults bring to the game means youngsters no longer have time to fall in love with soccer, to play for fun, or to truly develop their skills. Today's children learn from the grown-ups. Without the freedom of the streets, their early experiences of soccer are organized, supervised and coached by adults. The kids have no real say in what happens, and they do not have time to develop and learn.

### The problem areas are:

It is no longer the children's' game - it is controlled by adults.

The same children are sitting on the bench or omitted from every game.

Coaches and parents scream from the sidelines.

Winning has become the main goal, before fun and development.

There is not enough free play, where children can solve their own problems.

Children are not encouraged to express themselves.

Children no longer learn for themselves about the spirit of the game.

"For a young player, playing soccer should be one of the most wonderful experiences of their lives, but sadly/regrettably many young players don't find it an enjoyable or pleasurable activity because too many adults (parents/coaches) are getting in the way by over coaching, shouting, screaming and raving, and having a win at all costs philosophy.

Unless we adults (who have the power) get our act together on behalf of our young players, we will not have any soccer at all because young players simply won't want to play - and who could blame them!" I wish you well with your outstanding campaign.

**Tony Whelan - (Assistant Academy Manager U9-U16s Manchester United FC)**

**This season our aim as a club, parent, coaches, and volunteers should be:**

Provide and promote for children the highest quality sporting and activity experience possible – an experience where they are empowered to become independent and active learners and develop a lifelong love of physical activity, sport and health;

Increase participation and reduce drop-out in sport

Help children to achieve their personal and/or sporting potential

Connect the dots between childhood, sport, play, physical activity and physical education.

"The aim of education should be to teach us rather how to think, than what to think - rather to improve our minds, so as to enable us to think for ourselves, than to load the memory with thoughts of other men." - Bill Beatie

"Tell me and I forget. Show me and I remember. Involve me and I understand." – Chinese Proverb  
Enjoy your season and welcome

## Humorous Soccer Quotes

"I'm not a believer in luck..... but I do believe you need it."  
- **Alan Ball**

What I said to them at half time would be unprintable on the radio. - **Gerry Francis**

**Jimmy Hill:** Don't sit on the fence Terry, what chance do you think. Germany has got of getting through? **Terry**

**Venables:** I think it's fifty – fifty

"I was saying the other day, how often the most vulnerable area for goalies is between their legs..." - **ANDY GRAY, Sky Sport**

## EYE ON IT Soccer News

MLS Founding Investor Philip Anschutz Joins Team to Bring FIFA World Cup to United States in 2018 or 2022

Philip Anschutz, a founding investor of Major League Soccer (MLS), today accepted an invitation to join the Board of Directors for the USA Bid Committee in its endeavor to bring the FIFA World Cup™ to the United States in 2018 or 2022.

Anschutz will play an influential role as a member of the Board of Directors as the USA Bid Committee prepares its application and campaign to bring the world's largest sporting event to the United States.

The United States, Australia, England, Indonesia, Japan, Mexico and Russia have formally declared their desire to host the FIFA World Cup in 2018 or 2022.

Netherlands-Belgium and Portugal-Spain have each submitted joint bids for the 2018 and 2022 tournaments, while Qatar and South Korea have applied as candidates to play host only to the tournament in 2022.

## Field Information

Change is the constant, nothing endures but change. This year there will be some major changes in both the fields we use and the way we use them. One of the biggest changes this year is related to the decisions from US Club Soccer and California Youth Soccer that U9 – 11 teams will play 8v8 on the small sized fields. If you've ever seen 10 year old players (U11) attempting to play on a regulation sized field, I think you will agree, this is a step in the right direction if we want to teach them how to play the game, not just play kick the ball to the fastest player.

In years past we have used Central Park field #10 as an 8v8 field for the high competition teams. This usage has a tendency to wear out the middle of the field long before the end of the season and makes the field unusable for post season tournaments. This year all 8v8 games will be played on Celtic field (above Hopkins Jr high). The club paid to have this field top dressed this spring and is in excellent condition. This year there will be 5 fields available at Celtic. With 5 fields available no individual field should be over used and it allows for several high competition teams to play at the same time. Also by having all the 8v8 games at Celtic the recreational side of the club can also observe high competition team play.

Last year, in addressing membership complaints in regards to Central Park fields, we started painting the inside lines of the fields rather than burning them as in previous years. This allowed for a better playing surface with no ruts in the goal area to affect the ball movement. We are continuing this practice this year. The city will still burn the outside (touch), spectator and team technical lines. All of the inside lines will be painted on a two week cycle and all of the lines are painted before tournaments. This method ensures the best playing surfaces for our older players.

**Larry Thompson – Director of Fields**

## Try Not To Take It Too Seriously, Mom and Dad

Of course, it's wonderful to share your young athlete's adventures as he or she advances through elementary school and junior high. Few parental experiences compare with the thrill and excitement of watching children learn to master various physical skills, compete against their peers and cope with the fickleness of winning and losing. But while we Moms and Dads should enjoy our kids' participation in youth sports, we can get too caught up in the emotions of their games and lose our adult perspective. Perhaps you have experienced those moments yourself. After all, when we think our child's happiness or well-being is at stake, it can be very difficult to know when to back off. To that end, here's a guide to help you identify some emotional turning points in your role as the parent of a youth-sport athlete. You know you're taking it a bit too seriously when:

***You're more nervous before your child's upcoming game than they are.***

If his fifth-grade soccer game is the biggest thing in your week, you better take a step back. Suggestion: Why not participate in your own adult sports league and then focus on your own performance? Worry about your upcoming game – not your kid's.

***You have a difficult time bouncing back after a loss or disappointing performance by your son/daughter.***

If you find yourself becoming too moody or sullen, you're most likely taking it too seriously. Kids are much more resilient after a bad outing or loss than we are. They usually bounce back very quickly. Suggestion: Rather than sitting home and stewing, plan some other activity for yourself after your child's youth game. By diverting your attention elsewhere – work, play, errands – you'll force yourself to let go of your own moodiness.

***You make mental notes during a game about your son's/ daughter's play, and you can't wait to give her your comments afterward.***

**Sports psychology expert Rick Wolff is the father of three children and the author of Good Sports, the Concerned Parents' Guide to Competitive Youth Sports**